



BIO

Dr. Fayth M. Parks is a licensed psychologist, professor, and mental health researcher. She is a professor of leadership and psychology at the Graduate School of Leadership and Change at Antioch University. She is also a professor emerita in the College of Education at Georgia Southern University. She holds a Ph.D. in Counseling Psychology and is recognized for her extensive work and research in the fields of mental health care, health disparities, stigma-related beliefs, and traditional healing practices. Her popular TED Talk on culture and healing has over 150,000 views. Dr. Fayth encompasses an interdisciplinary approach combining psychology, public health, and cultural studies to contribute to a more inclusive understanding of mental health care. She serves on the Board of Directors for the National Association for Rural Mental Health. She is also on the Board of Directors for the Susie King Taylor Center for Jubilee in Savannah Georgia. The SKT center is a grassroots public policy change agent.

As a counseling psychologist by training and profession, Dr. Fayth is drawn to helping individuals and communities address trauma and healing that draws from a cultural lens, particularly African traditions. Dr. Fayth finds power in storytelling, narrative inquiry, and arts-based research. She is currently taking courses in documentary filmmaking and multimedia production.